

Choose one of the following tasks

Ingredients

- 100g plain flour
- 50g any sugar (brown sugar caramelises better)
- 50g unsalted **block** butter
- 3 apples
- 1 handful of other chosen fruit (**must be seasonal!**)
- Pinch of cinnamon (optional)
- 10p for foil crumble dish

Equipment

- Peeler
- Sharp Knife
- Green/White Chopping Board
- Spoon
- Mixing Bowl



Mise en Place:Preheat the oven to 180C

1. Place the flour in a mixing bowl and add the butter that has been cut up into cubes.
2. Use the rubbing in method until your mixture looks like bread crumbs.
3. Add 40g of sugar to the mixture and gently stir the mixture with a spoon until it fully mixed.
4. Peel and cut your apple into cubes the size of Lego bricks.
5. Place the fruit into the foil dish and sprinkle over the remaining sugar and cinnamon. Stir well being careful not to break up the fruit.
6. Sprinkle the crumble mixture on top, ensuring it is evenly distributed.
7. Place the foil dish onto a baking tray and bake the crumble in the oven for 30 minutes until the crumble is browned and the fruit mixture bubbling.
8. Email your teacher a photograph



Create a campaign to encourage people to be more mindful of food plastic waste and to support them in taking steps to reduce the amount of plastic been thrown away.

You will then present your campaign to the class.



It must...



- Have a clear focus*
- Seem achievable to the audience*
- Make them believe they will make a difference.*