

Values (Formerly PHSCE) Curriculum Overview

Year 7

Knowledge Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
CORE THEME	HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	RELATIONSHIPS	HEALTH AND WELLBEING	RELATIONSHIPS	LIVING IN THE WIDER WORLD
Topic	Transition and Safety	Developing skills and aspirations	Diversity	Health and puberty	Building Relationships	Financial decision making
<i>Overview</i>	<i>Transition to secondary school and personal safety both in and outside school.</i>	<i>Careers, teamwork and enterprise skills and raising aspirations</i>	<i>Diversity, prejudice and bullying.</i>	<i>Healthy routines, influences on health, unwanted contact and FGM</i>	<i>Self-worth, romance and friendships (including online) and relationship boundaries</i>	<i>Saving, borrowing, budgeting and making financial choices</i>
Skills Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
Focus*	T, Di, CS	T, Di, Db,	T, Di, Q, CS	Di, Q, DM, CS	Di, Db, Q	DM, T, Q

Skills Key

(T) *Teamwork*: Students develop the skills necessary to work effectively and efficiently as part of a group.

(Di) *Discussion*: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.

(Db) *Debate*: Students understand how to engage in an effective formal discussion on a particular matter.

(Q) *Questioning*: Students know how to question so as to elicit information in a manner which does not cause offence.

(DM) *Decision making*: Students understand how to reach a conclusion or resolution after consideration of issues or facts.

(CS) *Coping strategies*: Students develop the skills required to deal effectively with difficulties including stress and anxiety.

* All key skills are built in and explored to varying degrees in all topics delivered. The ones identified in the overview are those which are the biggest focus in that particular topic