

Year 8

Knowledge Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
CORE THEME	HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	RELATIONSHIPS	HEALTH AND WELLBEING	RELATIONSHIPS	LIVING IN THE WIDER WORLD
Topic	Drugs and alcohol	Community and careers	Discrimination	Emotional wellbeing	Identity and relationships	Digital literacy
<i>Overview</i>	<i>Alcohol and drug misuse and pressures relating to drugs</i>	<i>Equality of opportunity in careers and life choices, and different types and patterns of work.</i>	<i>Discrimination in all its forms, including: racism, religious discrimination, disability discriminations, sexism, homophobia, biphobia and transphobia</i>	<i>Mental health and emotional wellbeing, including body image and coping strategies</i>	<i>Gender identity, sexual orientation, consent, “sexting” and an introductions to contraception</i>	<i>Online safety, digital literacy, media reliability and gambling hooks.</i>
Skills Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
Focus*	Di, Db, DM, CS	T, Di, DM, Q	Di, Q, DM, CS	Di, CS, Q	Di, Q, CS	Q, Di, Db, DM

Skills Key

(T) *Teamwork*: Students develop the skills necessary to work effectively and efficiently as part of a group.

(Di) *Discussion*: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.

(Db) *Debate*: Students understand how to engage in an effective formal discussion on a particular matter.

(Q) *Questioning*: Students know how to question so as to elicit information in a manner which does not cause offence.

(DM) *Decision making*: Students understand how to reach a conclusion or resolution after consideration of issues or facts.

(CS) *Coping strategies*: Students develop the skills required to deal effectively with difficulties including stress and anxiety.

* All key skills are built in and explored to varying degrees in all topics delivered. The ones identified in the overview are those which are the biggest focus in that particular topic