

Year 9

Knowledge Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
CORE THEME	HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	RELATIONSHIPS	HEALTH AND WELLBEING	RELATIONSHIPS	LIVING IN THE WIDER WORLD
Topic	Peer influence, substance use and gangs	Setting goals	Respectful relationships	Healthy lifestyle	Intimate relationships	Employability skills
Overview	<i>Healthy and unhealthy friendships, assertiveness, substance misuse and gang exploitation</i>	<i>Learning strengths, career options and goal setting as part of the GCSE options process</i>	<i>Families and parenting, healthy relationships, conflict resolution and relationship changes</i>	<i>Diet, exercise, lifestyle balances and healthy choices, and first aid</i>	<i>Relationships and sex education including consent, contraception, the risks of STIs and attitudes to pornography</i>	<i>Employability and online presence</i>
Skills Overview	Topic 1 (7 weeks)	Topic 2 (7 weeks)	Topic 3 (6 weeks)	Topic 4 (6 weeks)	Topic 5 (7 weeks)	Topic 6 (6 weeks)
Focus*	Di, Db, DM,CS	T, Q, DM	Di, Q, CS, DM	Di, Q, DM	Di, Q, DM, CS	Di, Q, DM

Skills Key

(T) *Teamwork*: Students develop the skills necessary to work effectively and efficiently as part of a group.

(Di) *Discussion*: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.

(Db) *Debate*: Students understand how to engage in an effective formal discussion on a particular matter.

(Q) *Questioning*: Students know how to question so as to elicit information in a manner which does not cause offence.

(DM) *Decision making*: Students understand how to reach a conclusion or resolution after consideration of issues or facts.

(CS) *Coping strategies*: Students develop the skills required to deal effectively with difficulties including stress and anxiety.

* All key skills are built in and explored to varying degrees in all topics delivered. The ones identified in the overview are those which are the biggest focus in that particular topic