



Rastrick High School

Yr6 Transition Pack

Welcome to Rastrick High School

COVID-19 caused your final year of Primary School to end abruptly, but then restart for some. It has made you miss out on your Transition Day, Year 6 Trips, and many other fun things – particularly your SATs...

Starting at Rastrick may seem scary one minute, but fantastic the next. You may have waves of excitement, quickly followed by nerves. This is completely normal and will be very common for everybody moving to Secondary School this year.

At Rastrick High School, we want you to use this Transition Booklet as a tool to look back but also to move forward and begin that step up into Secondary School. We want you to get to know how we do things here at Rastrick and for you to share what makes you, you.

On your first day you will hand in your completed booklet to your Form Tutor as you spend some time getting to know them and the other pupils in your Tutor Group. Some initial tasks will make great ice-breakers with other students in your form.

Finally, please keep an eye on the Yr6 transition section of our website. Check out our transition videos giving you an insight into life at Rastrick. You will find lots of useful information here which will help prepare you for September.

Memories from Yr7...

Let's start our booklet by reading what some of our current Yr7 students said about their first day at Rastrick High School last September.

"We had a great assembly welcoming us to the school. Our Achievement Leader gave us some good advice to help us settle in"

"Yr11 students helped guide us around the school which made me so much more comfortable in such a huge environment."

"When I first went to Rastrick I had feelings of excitement and nervousness! However, when the day finished all my nerves were gone and I was excited to be at High School."

"When I first sat down in the lower gym I started talking to someone who I didn't know who later on became one of my friends."

"I thought I was going to get lost but the Yr10 students did a great job showing the school to us. After a few days I knew my way around everywhere."

"The best part of the first week was meeting new people and my lovely form tutor. They helped me get used to my timetable!"

All About Me...

Name:

My Primary School:

My Family:

My Greatest Achievement:

What I want my future to look like:

Something my friends say about me:

The best place I've ever visited:

If I could have a super power it would be:

My favourite book is:

If I could travel back in time I would go to:

One day I want to travel to:

ALL
ABOUT
me



Getting Started...

Start looking to the future by looking back. We'd like you to write a letter to a member of staff at your Primary School (Year 6 Teacher, the Headteacher, a Teaching Assistant) using the structure below. After you have planned your letter using the structure, why not write it and send it to your old Primary School?

Their Name:

Their Address:

Your Address:

Dear:

Tell them why you are writing:

Your best memory from Primary School:

What you are looking forward to about Secondary School:

Bring the letter to a close:

Give Regards:

Your Signature:



Transitioning from Year 6 to Year 7...

Before you make the change from primary to secondary, it is good to look back as well as look forward. Doing this can help you to see how far you have come. You started primary school when you were just 5 years old – you couldn't read or write back then!

Name 3 things that have changed the most about you since you started primary school?

1. _____
2. _____
3. _____

What will you miss the most about primary school?

What down 3 things that you are really excited about doing at Rastrick?

1. _____
2. _____
3. _____

Describe three things you are worried about in secondary school?

1. _____
2. _____
3. _____

It is important to speak to someone you trust about your worries to help you feel better.

Transitioning from Year 6 to Year 7.

What does the word 'transition' mean to you?

Make an acrostic poem below:

T - _____
R - _____
A - _____
N - _____
S - _____
I - _____
T - _____
I - _____
O - _____
N - _____

THE ONLY
IMPOSSIBLE
JOURNEY IS THE
ONE YOU NEVER
BEGIN

A JOURNEY OF A
THOUSAND MILES BEGINS
WITH A SINGLE STEP.

LIFE IS A JOURNEY WITH
PROBLEMS TO SOLVE
AND LESSONS TO
LEARN BUT MOST
OF ALL. EXPERIENCES
TO ENJOY.

When moving to Secondary School it is completely normal to be feeling a mixture of emotions. We've added some of the feelings you may be feeling below. Give each of the feelings a different colour.

Excited	Happy	Worried
Nervous	Other	Sad

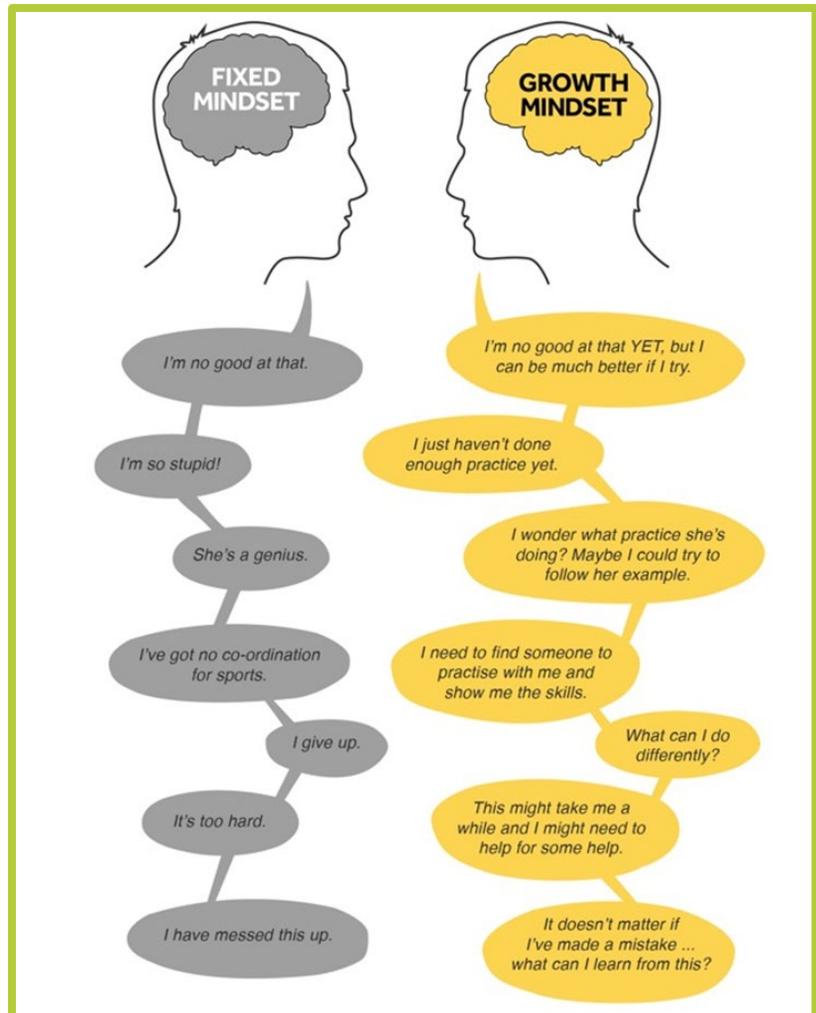
Now that you've selected your colours, colour in each of the boxes below to show how you are feeling about that element of moving to Secondary School. **Have a conversation with an adult at home or a friend about how you are feeling about each of these things.**

Making new friends	Learning my timetable	Finding my way around
Learning new subjects	Meeting new teachers	Getting to school
Being on time	Homework	Exams
Break and Lunch times	Being the youngest year group again	School work
PE	Remembering my equipment	New uniform
Expectations	My future	Social media

These two people have a different mindset.

Read the differences between them. Which one is most like you?

Complete the task below to start developing your 'growth mindset'.



Identify three things you 'can't do' or are worried about and write them here:

1. _____
2. _____
3. _____

Now change these to be written with a growth mindset approach. For example: 'I can't do maths' turns into 'I am going to work on the things in maths I find difficult'.

1. _____
2. _____
3. _____

Looking forward...

You will have a new school uniform when you join us, and for some of you this will be the first time wearing a school tie.

Ties

Year Groups wear the following tie colours and their tie colour will change as they move up each year.



Year 7



Year 8



Year 9



Years 10 & 11



The blazer with a
Year 9 tie

Getting to us safely is just as important as being here. Use the box below to draw a map and show your route to school, whether that is walking, cycling or taking the bus. Identify any spots that could be hazardous. How long do you estimate it will take you to get to us each morning?



Looking forward...

What are your hopes and dreams for secondary school?

You will be at Rastrick for the next 5 years. A lot will change in that time.

Write down your thoughts about the following.

What do you hope you will achieve?

What kind of person do you hope you will become?

Write down three words that you hope people will say about you?

1. _____
2. _____
3. _____

It is never too early to think about your career, your best qualities and new things you would like to learn. At Rastrick, we like to focus on careers throughout all of your time with us. Over the summer we would like to you make a start by completing two tasks:

Task 1: Complete the 'what are my qualities' table. Each box states a quality. Tick the box if you think you have this quality, and then explain using an example, how you have demonstrated this quality. This is important as it can help you to identify your strengths and qualities you need to develop going into Yr7.

What Are My Qualities?

1. Complete the table, highlighting your qualities.

	Quality	Do I have this quality?	How do I show this quality in everyday life?
1	Cheerful		
2	Helpful		
3	Conscientious		
4	Determined		
5	Adaptable		
6	Honest		
7	Punctual		
8	Resilient		
9	Generous		
10	Kind		
11			
12			
13			
14			
15			

Extension: Add five more of your qualities to the list.

Which qualities would you like to develop, and how might you do this?

Thinking Long-Term



Task 2: Now that you have an understanding of your best qualities, your task is to now choose a business or job you think you would be best suited to. Once you choose a job or business you are best suited to, explain why you have chosen that role in the space below.

The job/career I think I am well suited to is _____ . I think I would suit this role because _____

Now that you have chosen a career you think you are well suited to, you need to think about a career action plan. Answer the following questions to help you think about what steps you need to take in year 7 and beyond:

What subjects do you need to study for your career?

What activities can you do outside of school that will help you to achieve this career (sports captain, cadets, scouts etc)?

Can you research any famous or well-known people who have achieved well in your chosen career? State three things they did that helped them.

What qualities will you need to show to overcome and difficulties or challenges you may encounter?

'Chase Perfection, Catch Excellence'

Our school mantra is at the heart of everything we do at Rastrick High School. This next section relates to our school routines and standards. We have the highest expectations of all our students at Rastrick. Using the school website and other research, complete the questions below.

1. Who will be your Headteacher at Rastrick in September?

2. Who will be in your Yr7 Achievement Team?

3. At Rastrick, we aim to create and sustain a community of which we all feel proud; a community, which allows you to aspire and feel safe, supported and respected. Our schools collective values and articulated in our Rights and Responsibilities charter. Research and fill in the boxes of what they are.



Our Rights

The graphic features a large purple circle containing the text 'Our Rights'. To the right of the circle is a small circular inset photo of two students. The bottom of the graphic is decorated with several smaller circles in various colors (green, purple, teal) and a Rastrick High School logo.

- The right to
- The right to
- The right to
- The right to be
- The right to be
- The right to feel



Our Responsibilities

The graphic features a large teal circle containing the text 'Our Responsibilities'. To the right of the circle is a small circular inset photo of a student. Below the title are five horizontal white boxes for writing, each preceded by a small teal dot. The bottom of the graphic is decorated with several smaller circles in various colors (green, purple, teal) and a Rastrick High School logo.

-
-
-
-
-

Rewards

Achievement Points

At Rastrick High School, we promote a culture of praise between staff and students. Central to this are achievement points, awarded through Class Charts. Points can be awarded by any member of staff in school for a range of achievements all linked to our rewards philosophy on the page opposite.

As your points build up, we celebrate milestones using achievement postcards which are sent electronically by Parent Mail.

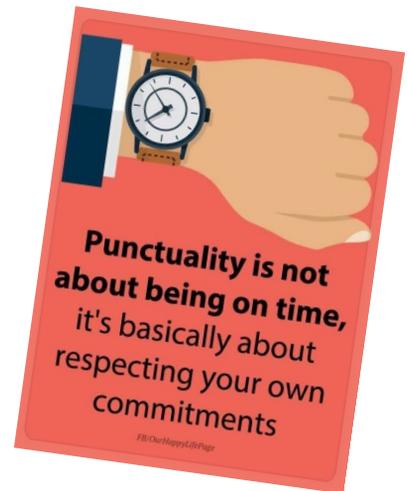
We have special milestone points and post home Bronze, Silver and Gold recognition postcards.

4. What are the 4 components of our rewards philosophy at Rastrick? Fill in the boxes below.



Being Punctual & Prepared...

Work backwards to plan your morning routine to make sure you get to school on time. What time will you do each of the morning tasks?



Time	Task
08:50	First bell for Period 1
	Arrive at School
	Leave the House
	Check School Bag
	Brush Teeth
	Eat Breakfast
	Get Dressed
	Have a Wash
	Wake Up

Shade in the different questions that you need to know the answers to about your journey to school. You will need to know the answers before September:

Is there someone I can walk to school with?

Is my travel card up to date?

What time does the bus come so that I'm on time for school?

Is someone giving me a lift? What time?

How long does it take me to get to school from home?

Do I need money for the bus or train?

If I am going to take a bus, what number bus is it?

Could I travel to school safely on a bike?



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